

MEDITATION

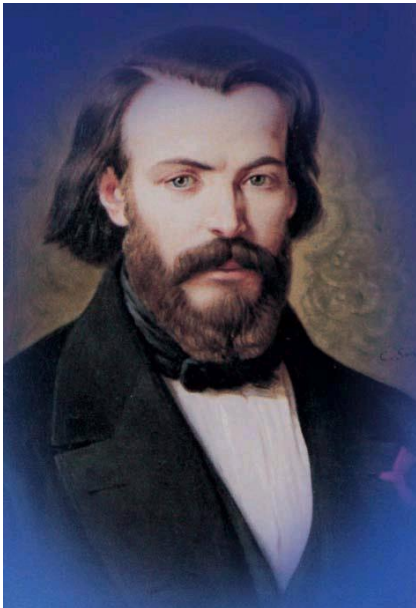
Let us reflect on the words that Sister Rosalie Rendu spoke to Frederic Ozanam and the Founding Members of the Society of St. Vincent de Paul:

**“Because you see Christ in his poor,
I know you will approach each one you visit
with humility as His servant.**

**Always remember, that if we had been through
the hardships they have had to meet
—if our childhood had been one of constant want—
perhaps, we too, would have given away to envy and hatred,
as I must admit have many of the poor in this quarter.**

**But be kind and love,
for love is your first gift to the poor.
They will appreciate your kindness and your love
more than all else you bring them.”**

(Sister Rosalie Rendu, DC)



**Frederic Ozanam
(1813-1853)**

**Founder of the Society
of St. Vincent de Paul
1833**

**Beatified: August 22, 1997
Feast Day: September 9**



**Sr. Rosalie Rendu
(1786-1856)**

**Daughter of Charity
of St. Vincent de Paul
1802**

**Beatified: November 9, 2003
Feast Day: February 7**