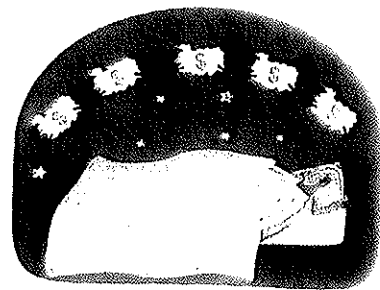


# Sweet Dreams Bed Program



What is your bed preference? A Sleep Number bed! Posturepedic! Tempurpedic! Do you prefer a hard mattress or a soft one? But what about not having a bed? How would your life be if you slept on the floor? We hear reports about the importance of a good mattress and a good night's sleep for health and the ability to perform at our best. Do you know how many people close to home don't have beds to sleep on at night? These are people who have little or nothing to call their own. Maybe they have nothing because of a fire, or because they had to flee a domestic violence situation, or because they have to choose between beds and food. The bottom line is that they have nothing. And that's where we come in.

The Atlanta Council launched a new program to assist our case workers who determine that clients need beds and have no resources to get them. Case workers often make home visits and discover that children and adults are sleeping on the floor, sharing a bed, or sleeping on beds that are unacceptable.

We are very excited about this new service. No other agency that we know of in Atlanta is providing new or refurbished beds to clients. We expect the demand for beds to be highest during the winter months. It is so important to get people off cold floor to improve their comfort and keep them healthy.

We provide a new box spring, mattress, and frame for each family member. Sadly, we often also have to provide cribs so that little babies don't have to sleep on a hard, cold floor. This program is administered locally by our 67 SVdP Conferences across North Georgia. The local SVdP volunteers meet with the families and assess the situation. We then purchase the beds and provide them to the family. This program has been an immediate success as we are the only organization offering this service in the community. In the last 6 months we've spend almost \$30,000 providing beds. And we have many more people to help.



Conference case workers who need beds for their clients should call or email Jane Currie: 770-576-4082 or [jcurrie@svdpatl.org](mailto:jcurrie@svdpatl.org). She will prepare a voucher that will be faxed or emailed to a local retail store. The client can pick up the bed at an appointed location and time. Our goal is to work with multiple retailers around town for provide the beds. To simplify the process, only twin bed sets (mattress, box spring and frame) will be available unless there is a very compelling need to another size. Couples can request two twins and make them up as a king. Beds will only be issued to a client or family once.

So we need your help.

Anyone who would like to donate new twin beds for this program may contact Jane Currie at the Conference Support Center.

